

DID YOU KNOW...

consuming bleached flour, salt, dairy and sugar can weaken your immune system?

Overwhelming research and documentation now show these foods can cause the following:

- Cancer
- Obesity
- Heart conditions
- Anemia
- Ear infections
- Virtually every major disease or illness

Money is the primary factor behind the continued advertisement and encouragement to consume these four deadly items. Politicians, insurance companies and the pharmaceutical industry have made a small fortune off our continued consumption of these four poisons.

Massive quantities of these four foods are consumed daily by the average person and every single day, causing the following:

- Indigestion
- Headaches
- Weight gain
- Illness

For more information visit:

<http://www.socialsearchconsulting.com/portfolio/four-deadly-foods.pdf>