

# DID YOU KNOW...

that Chiropractic care is beneficial for all ages?



Depending upon the individual in question, the source of their problem and the treatment offered, most patients report a significant reduction in pain, discomfort and symptoms of disease or illness after seeing a chiropractor.

Typically many think that you only see a chiropractor after an auto accident or work injury; the fact is that individuals of all ages can have a misalignment in the spine causing nerve interference.

When visiting a primary care physician to seek relief from pain or other symptoms of ill-health, the recommended treatment will usually be some form of medication, whether over-the-counter or prescribed. These will generally mask the symptoms but, while they may provide relief, will not fix the underlying cause of the pain or symptoms.

Chiropractic care is a safe and natural treatment. It is ideal for individuals of all ages and avoids the risks of the potential side-effects or complications that arise in the very young or senior population when taking prescription and over-the-counter drugs.

For more information visit: [healthmad.com/health/the-benefits-of-chiropractic-care/](http://healthmad.com/health/the-benefits-of-chiropractic-care/)